

BACK ON THE ROAD



DORSET & WILTSHIRE
FIRE AND RESCUE

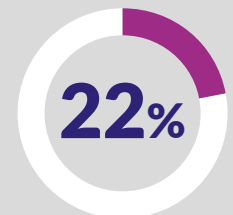
AS A NEW LICENCE HOLDER



KEY FACTS



In 2018, there were 99 fatalities aged 17-24 with a further 1,170 seriously injured in road collisions on our UK roads
(BRAKE)



22% of new drivers had been involved in an accident during their first year of driving
(ALA)

If you incur 6 points within 2 years of passing your test, your **LICENCE CAN BE REVOKED** meaning you will have to:



Buy a new provisional licence!
#SPENDS

Only drive under supervision!!
#AWKS

Put L plates back on your car!!!
#EMBARRASSING

Pass both theory and practical parts of the driving or riding test again to get a full licence!!!!
#ANNOYING

If you passed your driving test just before 23rd March 2020, **CONGRATULATIONS!!** What an awesome achievement! You must be buzzing to have your freedom and may even have been lucky enough to have your own vehicle—happy days right? For the right reasons however, we were asked to “*stay at home*” and “*protect the NHS*” and with that came rules around essential travel. Several months on however, you may have had precious little time behind the wheel and understandably, may be feeling a little nervous—perhaps even anxious. Please don’t worry, we’ve written this leaflet to reassure you that this is perfectly natural (*even for us more experienced drivers who have been off the road*) and have created this digital leaflet to help.

Before we go on, take 10 minutes to look at our general leaflet for ALL drivers

In our first leaflet “**BACK ON THE ROAD**”, we saw how important it is to check the condition of our vehicle, particularly with the current MOT exemption. We also looked at the main reasons people are killed or seriously injured on our roads, known as the “**FATAL 4**”.

So what else should we consider as a new licence holder and why is it important?



What makes you different as a young person?

Put quite simply (*although it's anything but simple*) it's science! The best film we could find is unfortunately 10 minutes but if you skip to 4:16 and finish at 9 mins, you'll get the important bits! *Watching the whole thing with your parent or guardian may even help them to understand what you're going through—it's not you, it's your brain!*

So your brain is still forming and developing and will be for some time yet, depending on your age. Neurological science is fascinating and more recent studies are showing that even after your brain has fully formed in your mid 20's, *it's not hard wired and can with some effort, be reprogrammed—there's hope for us yet right!?*

Now we understand a little about how your brain is still learning, let's add in the fact that you've been out of practice.

The following film by SciShowPsych explains how and why habits form:

We've been forming habits since we were born—some are good, some are bad. Forming habits is an important thing our brain does naturally, to help keep us safe. We have all been developing our own habits on how we use our roads for as long as we've been a passenger in a car.

We'd also like you to consider another reason many young people are killed or seriously injured in road traffic collisions.

If you looked at our first digital leaflet "*Back on the Road, you will have read about the Fatal 4: Speed, Mobile Phones, Drink and/or Drugs and not wearing seatbelts.*" The following clip explores the "*power of peer pressure*".

Just a final consideration...

...we don't want to go there but we will if we have to! Yes... we're quite prepared to market some material to get your parent or guardian involved with everyone's favourite... roleplay!!! Don't think that we won't— haha! **Do your bit, stay safe and keep us all safe on the roads.**



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