

Frances the Firefly's Feelings

During the story Frances the Firefly and the other characters have lots of different feelings. Can you tell how Frances and her friends are feeling in these pictures?

Try and think of the feelings yourself.

Try and match the feelings written down below with the pictures.

Can you think of different words to mean the same sort of feelings?

Can you act out an expression on your face and see if someone else can guess your feeling?

Can you think of times when you have had different feelings? When was this? Why did you feel this way? If it wasn't a nice feeling, what can you do to make yourself feel better?

For example if you were sad because you said something which upset someone, would saying "sorry" help you and them feel better?

Feeling words:

happy	excited	pleased	joyful	delighted	cheerful
glad	merry	content	thrilled	jolly	enthusiastic
jealous	sad	hurt	upset	cross	disappointed
angry	cross	worried	concerned	irritated	grumpy

