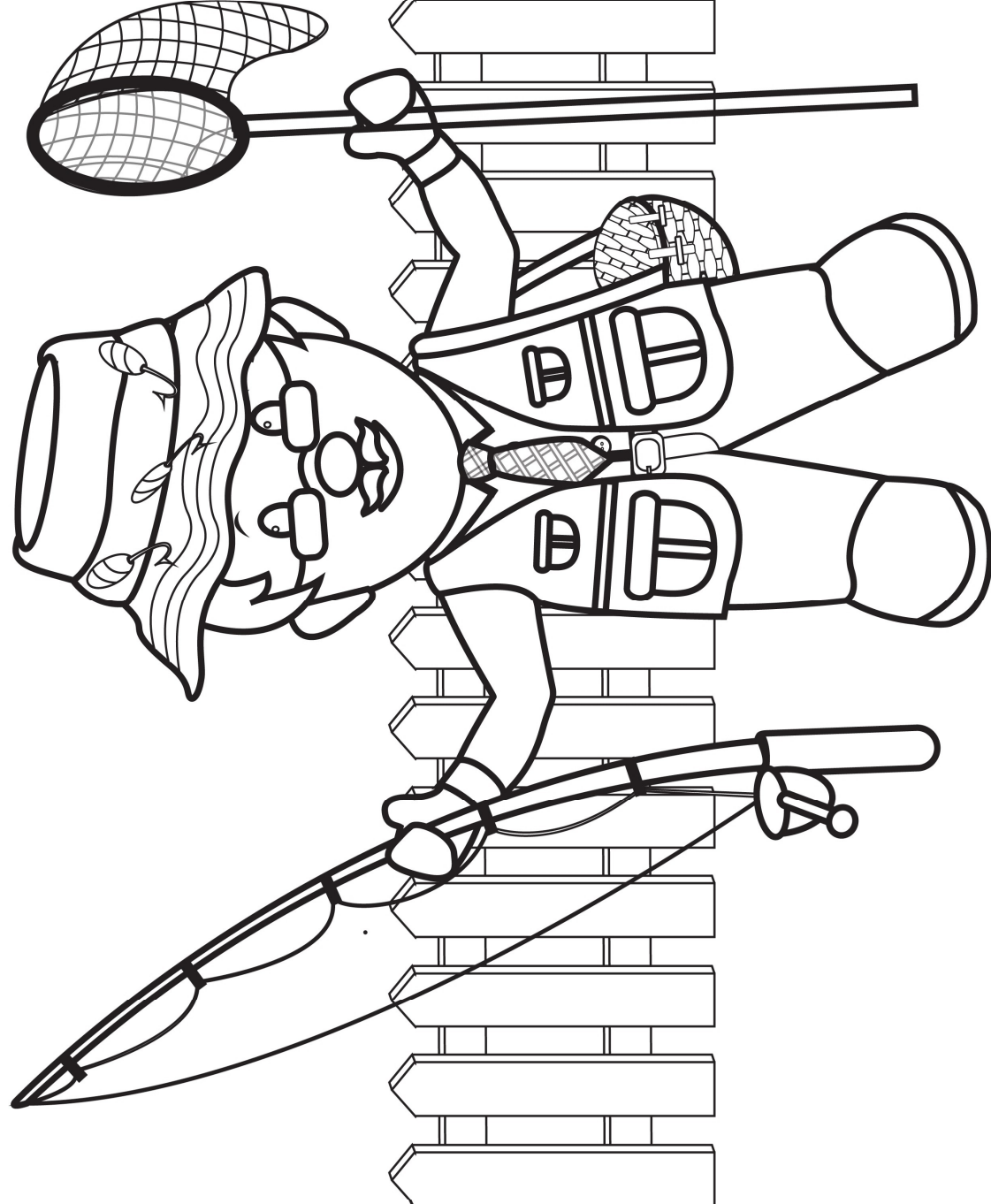


Are You Remembering to Stay Indoors?



Stephen "Stay at home" says:

It is important to stay at home. If you are able to, you can go out for one walk, run or cycle a day. The rest of the time you must stay at your home or in your garden (if you have one) to help keep everyone safe and well.