

# Hearing Loss



**DORSET & WILTSHIRE**  
FIRE AND RESCUE

The information in this leaflet is designed to give practical home safety advice to anyone with hearing loss, and for their carers and loved ones.

Register for the SMS 999 service, it will link you automatically to the emergency services

- To register text 'register' to 999
- You will get a reply – then follow the instructions
- Make sure your front doorbell is working and is an amplified, flashing or vibrating doorbell. So that a neighbour or firefighter can alert you

### **Be prepared – get out, stay out, call 999**

- Place helpful indicators along your escape routes and make sure you feel comfortable following them, even if you're feeling tired in the middle of the night
- Make sure all doorways and corridors are clear
- Have a plan B. The front door is usually your first option, but have a plan B if plan A is blocked
- Keep door and window keys near the exit



## Smoke alarms

If you are deaf, a little hard of hearing or simply a heavy sleeper, you should consider a strobe light and vibrating pad alarm system.

These alarm systems work in the same way as other smoke alarms and can be bought from the National Fire Chiefs Council's (NFCC's) home safety scheme, Blue Watch.



[www.bluewatch.co.uk](http://www.bluewatch.co.uk)



0844 8082435

- Can you ask a friend, family member or neighbour to fit and test your smoke alarm?
- If you have trouble fitting your smoke alarm, or for further advice about home safety, contact our Safe & Well Team
- If you have a vibrating pad, make sure it is properly linked to the alarm system
- If you use a pager (which is linked to your alarm system), remember to keep it charged and keep it with you
- If you are worried your equipment is not working properly, contact your social services team who supplied it





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## **Action On Hearing Loss**

**Web: [actiononhearingloss.org.uk](http://actiononhearingloss.org.uk)**

**Call: 0808 808 0123**

**Text: 0808 808 9000**



**[safeandwell@dwfire.org.uk](mailto:safeandwell@dwfire.org.uk)**



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Alternatively call our safe & well administrator on freephone 0800 038 2323 during office hours or leave a message on our answer phone.

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